

## *How to make some Christmas Tree napkins at your Kitchen Table*

### *What you will need*

Potatoes - the bigger the better -  
I used bakers.

A sharp knife

Tracing paper

Pencil

Fabric paint

A tray - could be a lid from your  
recycling or an artists tray

Paint brush or foam stippler

Napkins! Either pre made plain ones or  
recycle some old linen/cotton sheets  
and do a simple hem round a  
square of fabric

Scrap paper

Masking tape or pins



First Slice your potato in half down  
the length

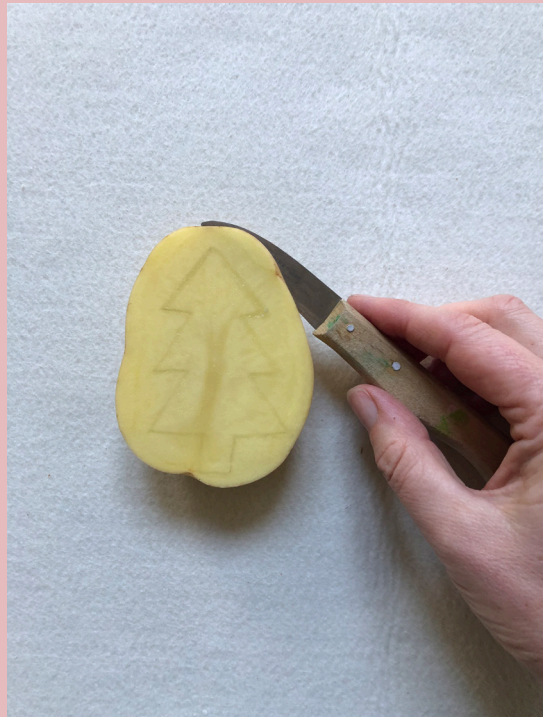






Trace or draw on your pattern - in this instance a Christmas Tree

Then start to cut out around the shape about 1/2 a cm deep at first.

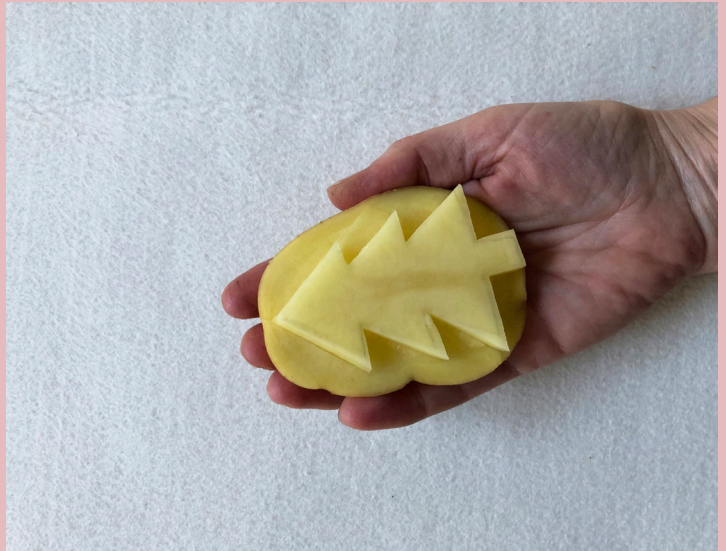


Then slice away the bits that you do not want to be printed.





Following the guide lines below practice your print on paper first until you have got the hang of the technique and until you are satisfied that you know where you are going to place your block.





With your table covered in newspaper or an old blanket lay out your napkin and either tape or pin it down in place.



Using the brush or stippler dab an even layer of paint all over the potato

Be confident of where you are going to position your block, commit and press down firmly.

Carefully but confidently lift the potato, et voila! you are off.

Remember to reload your block between every print.

Use scrap paper to catch any of the potato that is printing over the edge of the taped surface to keep a lovely clean work surface.





Hang or lay out to dry the finished piece and once dry set the paint with a hot but dry iron - choose a setting appropriate to the fabric you are printing on.

*Smile, Be Proud and gift or use your beautiful and joyful new napkins.*

