

*Print your own Spring runner for your Easter table.*

## *What you will need*

Potatoes - the bigger the better -  
I used bakers.

A sharp knife

Tracing paper

Pencil

Fabric paint

A tray - could be a lid from your  
recycling or an artists tray

Paint brush or foam stippler

Fabric, an old linen sheet that needs a new  
lease of life. This can be easily cut and hemmed  
to create a table runner.

Scrap paper

Masking tape or pins



Look in the garden for flowers or leaves to inspire you, the most simple designs work so well with a potato. Sketch your design on paper and once you are happy with it trace it onto tracing paper.

Now start transferring your design from the tracing paper to the potato by pressing firmly with your pencil onto your potato to leave an indentation. You can go over this with felt tip to make it clearer for carving.

Slice your potato down the centre to give you a nice flat space to start transferring your design to.



Start by slicing the edges of the potato and then following your lines with a 1cm cut, remove the bits of potato that are not to be printed.





Using the brush or stippler dab an even layer of paint all over the potato ready to practice on paper first.

Be confident to where you are going to position your block, commit and press.



Carefully but confidently lift the potato, et voila! You are off. Remember to reload your block between every print.

Carry on printing your runner until it is finished and leave it somewhere warm to dry. Once dry, use an iron on a non steam setting to set your fabric paint

*Lay your Easter table with your hand printed runner and fill it with flowers and delicious treats*

